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WARTBURG TRUMPET

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The Global Business Plan Competition awarded a grant for $20,000 to Kwabena Owusu-Amoah (above right) and his business group, Hecuba, for creating a healthcare app. — **Submitted photo**

An app for that

Wartburg students win big at MIT contest for entrepreneurs

JEANNE EDSON *NEWS EDITOR*
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Show Kwabena Owusu-Amoah a problem and he will say there is an app for that.

Owusu-Amoah, a junior at Wartburg, is tackling the issues pregnant mothers in developing countries face in receiving proper healthcare. He created a simple cell phone app.

The app, called Obaa 2.0, was created in order to change healthcare delivery across the world, Owusu-Amoah said.

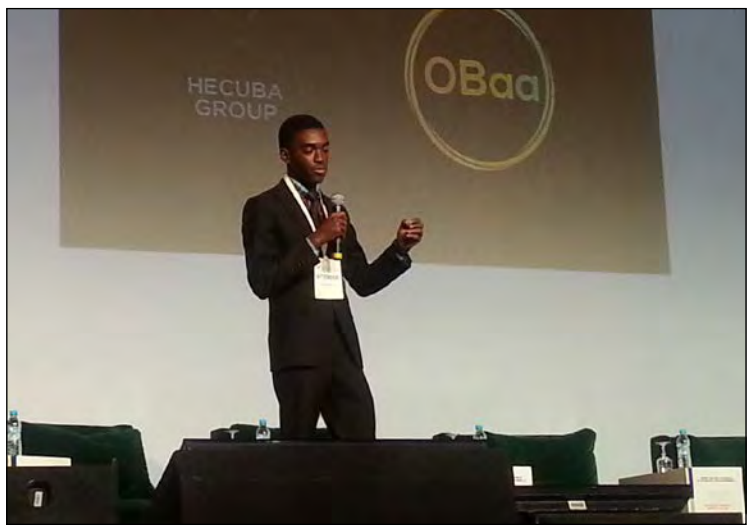
"The app sends customized health alerts to pregnant women through their mobile phones," he explained.

"Also, local health officers in rural areas can take the vital readings of a pregnant woman including blood pressure and temperature and input it in the app alongside the woman's health history."

From that point, the app will allow doctors from any point in the world to assess the mother's health information and offer a diagnosis based on the examination.

The analysis will be sent to the local health officer who will then share the doctor's diagnosis with the expectant mother in real time.

Student Anne Epley-Birtwistle, the head of the health section of Owusu-Amoah's team, said healthcare for pregnant mothers giving birth in developing countries should be a concern for global citizens.



Owusu-Amoah (above) presented the business plan for his app, Obaa 2.0 in Marrakech, Morocco. — **Submitted photo**

"In the United States, the thought of a mother dying before or after birth is not that large of a concern," Epley-Birtwistle said.

"However, in Sub-Saharan Africa, women have a one-in-16 chance of dying during pregnancy and childbirth as compared to women in the developed world who have a one-in-4,000 chance of dying during the same periods."

The creators of Obaa 2.0 hope to change that.

"With our invention, women in rural areas don't have to travel long distances to see a doctor, instead they can just have their vital readings entered into the app by a local health officer," Owusu-Amoah said.

Owusu-Amoah and his team began to work on the Obaa 2.0 app in early 2013. They formed a company around the app called Hecuba, aimed at creating innovative solutions to pressing social problems.

"Hecuba has a very competent team of students from Wartburg and we were able to overcome the numerous hurdles," Owusu-Amoah said. "We are still making changes to the app and making it even better."

With the Hecuba team, Owusu-Amoah has received recognition from the Global Business Plan Competition in late March and a $20,000 grant to continue developing the project.

The Global Business Plan Competition assists young entrepreneurs developing innovative global projects.

The future for the Hecuba group is bright, Owusu-Amoah said.

"Apart from the cash prize, we get an office in Boston and the opportunity for five members of our team to live on the MIT campus and learn from entrepreneurs and professors in the Boston area," he said.

The group will continue to work this summer when Owusu-Amoah and Epley-Birtwistle travel to Ghana to oversee the construction of a clinic which will use the app.

This issue marks the final Wartburg Trumpet for the year. Look for the newest issue of Axiom out this May.

Young adults more democratic

SETH NUTTING *STAFF WRITER*
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Young adults typically align themselves with the Democratic Party, but those numbers have become even stronger since 2006, particularly at Wartburg, some students say.

Zach Sommers

A new Gallup Poll released by USA TODAY found that 54 percent of 18-to-29 year-olds on average since 2006 have aligned themselves with the Democratic Party. Only 36 percent remain Republican.

"The findings aren't surprising," student body president Zach Sommers said. "It's no secret. A lot of people know that young people are more prone to be democratic."

From 1993 to 2003, the gap among young adults wasn't as wide. The Gallup Poll showed that 47 percent of young voters on average identified with democrats while Republicans had 42 percent of the vote during the decade.

President Barack Obama controlled the younger population at the polls during his inaugural campaign in 2008, capturing 66 percent of voters under 30 years old according to USA TODAY.

Although numbers dipped for the President during his reelection campaign, he still received an overwhelming 60 percent of 18-to-29-year-olds' votes to put himself back in office.

A big reason the Democratic Party has seen significant rises in approval from the younger population lies in getting its constituents to the polls.

"I think the Democratic Party does a lot better job at getting its message out there," Sommers said. "The Republican Party is still seen as being a party for white, old men."

Professor of Political Science Dr. Dani Thomas said the younger population has favored democrats in recent presidential elections.

However, Thomas believes the numbers may be skewed.

"Like young people generally, most 18-to-24-year-olds locally do not vote in anything other than presidential elections," Thomas said.

"And while that cohort went for Obama in 2012, only 49 percent turned out to vote."

Thomas believes the gap between democrats and Republicans is slim to non-existent at Wartburg.

Matt Kruger, a third-year engineering major and member of the Republican Party, said the Gallup Poll is an accurate representation of Wartburg College's student body.

"Being at Wartburg, it has become pretty obvious that most of the students here are democrats," Kruger said.

"That or they are just more open about their political views than Republicans."

Kruger believes the Democratic Party is more appealing to Wartburg students and the younger population because of the cost of college.

"The Democratic Party is much more appealing because they are for helping people achieve in areas where they have a hard time financially," Kruger said.

"I don't think the numbers will continue to rise for the Democratic Party," Sommers said.

"I think the GOP is really starting to take a strong look at why it continues to lose those young voters."

Hit and run in D Lot

JEANNE EDSON *NEWS EDITOR*
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Two vehicles parked in D Lot were damaged by a hit and run driver. The accident was reported Sunday, March 30, John Myers, director of campus security and safety, said.

John Myers

"The vehicle that fled the scene, the vehicle that was originally struck and the adjacent vehicle that was damaged when the second vehicle was pushed into it [were damaged]," Myers said.

Myers said a Wartburg student is a suspect in the case.

Myers said Wartburg Security is currently working with the Waverly Police Department on the case.

"Since it appeared the vehicle that caused the damage had left the scene, we called the police. We don't have authority off campus," Myers said.

The cost of the damage done is unknown.

Myers cautioned students to be aware of erratic drivers and report such incidents to Wartburg Security.

"Also, note the condition of your vehicle in the event someone does damage their vehicle," he said.

"Most hit and run accidents in our parking lots result in just minor damage. This one was different, as the damage was more substantial," Myers said.

Finals week calls for stress relief event

KRISTIN CANNING *EDITOR-IN-CHIEF*
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Students will have more to look forward to than just Midnight Breakfast the night before finals this semester. Pathways, Vogel Library and other departments have collaborated to create The Great Escape, a three-hour event to help students study and release stress Sunday, April 13.

The Great Escape will give students a chance to meet with various faculty to ask last-minute questions, sit in quiet study rooms and enjoy massage chairs, snacks, drinks and games on it will be on the second floor of Vogel Library from 6:30 to 9:30 p.m.

Katlyn Underwood, president of ETK, providing Play-Doh, a giant version of Kerplunk and other games for The Great Escape, said she hopes students remember to take some time to relax as they cram for finals.

"Personally, taking a break from long periods of studying has allowed me to be more productive. Once you have been studying for so long, your mind almost goes into a lull, everything you read or go over ends up becoming a blur," Underwood said.

"The Great Escape is promoting the idea that you should give yourself a break and that students deserve a small break even if your break isn't spent with us."

Pathways associate for Reading, Writing, Speaking Lab Jette Irgens said she got the idea for The Great Escape after hearing about another college hosting an anti-procrastination night before finals week.

She thought it sounded fun and teamed up with Information Literacy and Technology Librarian Christine Elliott to develop the event as a pre-finals activity.

"This gives students something positive to look forward to at the beginning of the week to help carry that positive attitude through finals week," Elliott said. "A lot of colleges don't do things around finals, and I think Wartburg does a really good job of supporting students, so this is just another way of doing that."

Irgens said The Great Escape will not only be fun, but a great way for students to seek a number of resources all in one place.

"A lot of people are nervous and that's OK if you're preparing. This way, people don't have to fret over questions alone. They can work together with the faculty and other students," she said.

Rev. Ramona Bouzard will also lead a prayer at The Great Escape at 8 p.m. Students can expect door prizes, puzzles, Jenga, coloring stations, Origami lessons, Slinkies, music, break rooms, Bananagrams and study help as well.

"The activities provided aren't supposed to be extensive. They are supposed to provide a way for students to take a small break away from studying.

"The activities that ETK is providing are almost mindless but chosen for that reason," Underwood said. "I am most looking forward to the coloring pages because really, who could go wrong with a blank coloring page and a box of Crayola Crayons."

Student Kayla Polson said she enjoys taking pictures with her younger brother, posting them on Facebook and seeing the comments her friends and family make on their selfies. — **Submitted photo**

Facebook narcissism on the rise

JEANNE EDSON *NEWS EDITOR*
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The arrival of social media has changed the face of inter-personal communications among young adults. So much so, that some younger users of Facebook feel it may be a double-edged sword, therapists say.

Not only are users getting addicted to the social media site, it could be changing their personalities.

This finding does not surprise retired therapist Leslie Morris. After working as a mental illness and addiction counselor at Pathways Behavior Services in Waverly for 11 years, she has a good idea why Facebook has become an addictive outlet for teens and young adults.

"I think young people can feel more protected when they interact with others through Facebook," Morris said. "There is no face-to-face interaction, so people feel freer to express their thoughts and emotions about things and other people."

Second-year Kelsey Peters has noticed the behavior among her Facebook friends and makes an effort to avoid it.

"It usually annoys me and sometimes it gets to the point where I unfriend them," Peters said. "I never will understand why a daily 'selfie' needs to be taken.

Facebook narcissism has become so wide-spread, teens have come up with their own definition of what a textbook Facebook narcissist is.

UrbanDictionary.com sums up the modern definition of the behavior as the following:

"Dead giveaways are: (1.) Adding hundreds of random strangers of the opposite sex. (2.) Cussing somebody out on Facebook but not talking to anybody in real life. (3.) Having over 50-75 pictures of themselves, alone, where it was clear they were taking pictures of themselves and have no shame in it. (4.) Updating every single thing they do."

Research from Western Illinois University suggested that Facebook appeals to our most narcissistic tendencies. The study asked 292 people to answer questions aimed at measuring how self-involved they were.

Those who frequently updated their Facebook status, tagged themselves in photos and had large numbers of virtual friends were more likely to exhibit narcissistic traits, the study found.

The trend is not going unnoticed. A poll from Ypulse, a youth marketing firm, and Jean Twenge, a San Diego State University psychologist found that almost 60 percent of college students agreed with the statement, "People in my generation use social networking sites for self-promotion and narcissism."

Angela Zook (left) and Macy Waltz pose for a picture. Zook said she likes to display her tuba on Facebook. — **Submitted photo**

The Great Escape Pre-finals event

2nd floor of Vogel Library
April 13
6:30 p.m.-9:30 p.m.

Faculty from these departments will provide study help at the following times:
6:30-7:30 p.m. – Computer science, math, biology, English
7:30-8:30 p.m. – Chemistry, biology, English, Spanish, social work
8:30-9:30 p.m. – Chemistry, sociology, physics, business

Student Senate Minutes

Elections are via email on Tuesday, April 8 for the eight spots on May Term Senate. Don't forget to vote.

Last Thursday was the final full Senate meeting of the year. Requests from now on will go through May Term Senate.

Senate has partnered with the library to have beanbags placed in study rooms on the third floor.

Hip-Hoppin' at Wartburg

MICHAELA SUNDERMANN
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The Wartburg hip-hop dance team was recently approved as a new student organization.

The two captains, Destiny Davis and Gabby Larson, have a goal to promote diversity through the implementation of the new team.

Davis believes a lot of people miss dancing, but do not feel there is a place for them to dance on campus.

"It needs to be known that there will be a place on campus where it's inclusive and you can do what you feel.

"We just want it to be another place we can call home," she said.

Davis also said she wanted to focus on bringing people of all cultures together.

During the proposal at a Student Senate meeting, Davis said she really tried to push her goal of diversity.

"That really upsets me. [Wartburg] promotes [diversity] but then they bring the diversity and it stops there.

"There's not a lot of things for minority students or international students to really hold on to," Davis said.

Davis and Larson are actively trying to address that problem.

"I've been recruiting a lot of international students because even though their styles are different then mine, a lot of their styles are very similar to hip-hop. We can incorporate all of that," Davis said.

Davis comes from a diverse dance background while living in Chicago.

Davis trained at a performance arts center until eighth grade in ballroom, African dancing and more.

On the other hand, Larson focused on hip-hop during high school in Waterloo at Fusion Dance & Fitness.

Aside from cultural diversity, Davis is eager to find students of both genders to dance on the team.

"We want guys and girls. Two guys tried to start a break dance team last year. We want them, we just don't know who they are," Davis said.

Davis and Larson urge people who know how to tut, do footwork, dub step, elusions and even technically trained dancers to join the team.

In that inclusiveness, the captains are hoping for teammates to have input on choreography.

"Even if it's just like it's this one move we should do. That's fine. Show me that one move," Davis said.

The two also have goals for the upcoming year.

They hope to perform at numerous events on campus such as basketball games, ETK events, Orange Exceleration and the Homecoming Pep Rally.

In addition, they hope to set up an end-of-the-year showcase including a children's clinic and invitations for Chicago dance teams, Fusion Dance & Fitness from Waterloo and the Wartburg Dance Team to all participate.

If you are interested in joining the hip-hop dance team, contact Destiny Davis at destiny.davis@wartburg.edu or Gabby Larson at gabrielle.larson@wartburg.edu.

The hip-hop dance team recently was approved by Student Senate as a new organization.—**Michaela Sundermann***/TRUMPET*

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The second annual Tough Knight Mud Run will take place on May 17 at the Boy Scout camp outside Waverly. Last year around 250 people participated from Wartburg and Waverly.—**Submitted Photo**

Run for life

AMANDA GROFF *ASST. NEWS EDITOR*
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Students and community members will be running in the mud to raise money for suicide prevention.

The second annual S.A.F.E. (Suicide Awareness For Everyone) Tough Knight Mud Run will take place May 17 at 9 a.m. at the Kiwanis Boy Scout Camp outside of Waverly. Check-in begins at 8:30 a.m.

A 5K run, the Tough Knight Mud Run is different than any other race. It is a 5K run in the mud with challenging obstacles.

"We partner with Wartburg Intramurals in "The W," president of S.A.F.E., Paris White said.

"Last year we had an ice bath, people climbed over and under things, there was a sand hill and more. People said that the sand hill was the most challenging."

One of the reasons that S.A.F.E. helps put this run on is because they want to bring suicide awareness to the community. They want to make sure people know that they are not alone and that there is help available for those who need it, White said.

Runners will engage in challenges during the 5K.—**Submitted Photo**

White said it is also powerful to see people who come out to do things in memory of lost loved ones.

"Last year there was an older guy whose son had taken his own life.

"The man was 69 when he ran last year and just a few years prior, he suffered some nerve problems and was immobilized for a whole year. When he recovered from his injury, he ran in memory of his son," White said.

A run like this doesn't happen without preparation.

In order to get ready and keep the event running smoothly, members of S.A.F.E. have to do a variety of tasks.

"The event is funded by the community; last year we had 12 companies committed," White said.

On the day of the event S.A.F.E. members had to keep it running smoothly.

Members stood at each obstacle to make sure nobody got hurt, helped with check-in and registration, handed out water and took pictures.

For the run this year, White hopes more students come out and participate and that more students from other schools, such as UNI, come to run.

"We invite people to tell stories and share the reason why they run," White said.

Registration for the event can happen up until the day of the run. However, in order for participants to ensure they get a T-shirt in their requested size, they must be registered by May 1.

To register for the event, go to www.imleagues.com, find Wartburg and type in your ID number.

While the event is free for Wartburg students, community members and students from other schools will pay a $35 registration fee.

Paris White said it is powerful to see people come out and run in memory of lost loved ones.—**Submitted Photo**

Penalties for athletes' drug use less severe

KRISTIN CANNING *EDITOR-IN-CHIEF*
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Smoking weed isn't likely to give you a leg up in collegiate athletic competition, but it doesn't mean athletes don't do it. The penalties for getting caught will soon be less harsh.

The NCAA has changed its banned substances policy, reducing the punishment for testing positive for street drugs like marijuana from a full-season suspension to half, starting August 1. A second offense will now equal a full-season suspension.

The NCAA did the right thing.

It's not that smoking weed isn't a serious offense or a serious issue for collegiate athletes. While the penalty may seem like a statement by the NCAA that weed isn't a big deal, it's actually quite the opposite.

The reduced penalty is likely to help keep more athletes off the drug if they slip up.

Athletes that test positive for street drugs will only receive a half-season suspension under a new policy. — **Ta'Mone Williams**/*TRUMPET*

According to a study by the NCAA's Committee on Competitive Safeguards and Medical Aspects of Sport, athletes that faced the year-long penalty were more likely to quit the sport altogether and even drop out of school without the motivation of athletics.

Instead of being part of a structured environment that encourages a drug-free life, athletes that quit their sport and leave school will likely keep smoking.

Wartburg Athletic Director Rick Willis said Wartburg is supportive of the NCAA's decision as it offers the chance for the college to intervene with the athlete and hopefully prevent future use while keeping them in school.

Wartburg chooses to randomly test about 10 percent of athletes outside of championship season (when the NCAA starts testing). A first offense for street drugs at Wartburg gets athletes a suspension of 10 percent of their season. A second offense gets them a year.

Not all Wartburg athletes support the NCAA's decision. Wartburg Student Athlete Advisory Committee member and athlete Karly Cochrane said when the proposal was brought before them, there were mixed responses.

"Some people thought it was a good idea. Some people didn't see why it needed to be changed. It was mixed signals," Cochrane said. "It's hard to say because every situation is different and every person will react differently. There's one argument that if you let people come back that early they don't learn a lesson."

Some students don't understand why Wartburg or the NCAA tests for drugs that aren't performance-enhancing when its main goal is to keep competition fair. However, the NCAA is also looking out for the overall wellness of athletes and the integrity of sport.

"I hope the penalty serves as a deterrent," Willis said. "The penalty can also be an excuse for athletes not to smoke when they're in a peer pressure situation. It can help them out of a situation that they might not be strong enough to resist otherwise."

While the health effects of weed aren't much worse than those of alcohol or tobacco, student-athletes shouldn't be allowed to smoke it during their seasons. They are and should be held to a higher standard of well-being. That's why testing is important.

But the penalty needed to be reduced. The NCAA recognized the penalty should be less for non-performance enhancing drugs. Most athletes would be devastated to miss half of their season, but the punishment is a middle-ground option that gives the athlete hope and motivation for the future, instead of pushing them to leave athletics and school forever.

Choice Tweets

- One more week of classes. Come on guys, we can do this.
- The only good part about finals week? Midnight breakfast. #cinnamonrolls #can'twait
- Three papers still left to write? Check. A group project to start? Check. Two presentations and a lab report? Check. Having a crying fit in the dorm? Just getting started.
- We're all stressed out, but that's OK. It's all part of the college experience. #justbreathe
- May Term/Play Term is only a few weeks away. It's time to get crazy.
- There were a thousand concerts this weekend. Good thing I had a thousand projects to work on instead. #yayme
- Wartburg formal dance...I wonder how many guys are being forced to go by their girlfriends.
- So many last moments as a senior. #bittersweet
- Yes, even with the snow gone no one knows how to park. That or they haven't gone anywhere all term. #learntopark
- Is warmer weather really on the way? #toogoodtobetrue
- Iowa weather is so bipolar. Mother nature, stahp.
- To all the people who wondered what the blue was about...it was autism awareness. #LIUB

Choice Tweets is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Tweet #choicewords at @wartburgtrumpet to see your thoughts here! You can also submit Choice Words on The Circuit at wartburgcircuit.org/choicewords. The Trumpet reserves the right to censor inappropriate and libelous comments.

Need more summer programs

JESSICA HOYNG *STAFF WRITER*
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With artistic, athletic and academic pursuits, the opportunities available on a college campus are nearly limitless for students enrolled in the college.

Providing opportunities for high school students to be involved in similar activities on the college campus will not only allow those students to learn new skills, but will also benefit the college.

Increasing the summer programming available at Wartburg would help increase revenue for the college, helping keep the total cost of attending Wartburg under control and increasing academic opportunities for high school students.

Wartburg currently has a few summer programs for high school students. Some of these programs allow participants to earn college credit and even scholarships to attend Wartburg as a part of the program.

Joe Amsberry is a music education major at Wartburg. Prior to enrolling, he attended a Meistersinger All-State Choir camp during the summer at Wartburg as a high school student.

"I enjoyed getting to meet the Wartburg students and see what I would be getting into as a music education student," Amsberry said.

Dean of Faculty Dr. Mark Biermann is in charge of summer programming at Wartburg, including summer courses for current students and summer camps and workshops for high school students. According to Biermann, the price for students to attend these programs is able to cover Wartburg's costs for providing the programs, but bring little money in for the institution.

However, these programs and camps for high school students could also bring revenue into the college if they were designed to do so.

If more programs and workshops were in place, and Wartburg slightly increased the price for students to be involved in these programs, overall revenue for the college would be increased as well, which would help defray the college's expenses.

These programs also bring prospective students to the college, which is a great recruiting tool for the school.

They would also get an insight into life at Wartburg by staying in the dorms, working in the facilities and classrooms, eating in the dining hall and living in the communities of Wartburg and Waverly.

They are a recruiting technique to increase interest in the college, which ultimately will increase the income coming into Wartburg from student tuition. As a tuition-driven school, recruiting is extremely important in ensuring the college's costs can be managed by the college's income.

Ultimately, by increasing the programs available for high school students during the summer, Wartburg would bring in prospective students and bring in revenue for the institution.

The current programs should have a price increase and more effort should be put into developing a wider variety of programs at Wartburg for high school students.

High schoolers in a summer band program. — **Submitted photo**

Trumpet

Produced weekly by students at Wartburg College, 100 Wartburg Blvd. Waverly, Iowa 50677

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

Mahzabe Malik presented on her home country, Balochistan, Pakistan, to community members and students at the Waverly Public Library on March 27 as a requirement for her IPEX exchange program.— **Kofi Manteaw**

Spreading a message

Exchange student Mahzabe Malik is using her short time in the United States to teach Wartburg students about her country

SARAH BORAAS *KNIGHTLIFE EDITOR*
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Mahzabe Malik, an International Research and Exchange board exchange student (IREX) from Balochistan, Pakistan, said she's had a lot of surprises since moving to the U.S.

The biggest surprise was how she has never felt out of place or like she didn't belong.

Traveling over 7,000 miles away from home on a journey halfway across the world, Malik said she was worried at first about the differences in cultures but doesn't regret anything about her experiences thus far.

"In the U.S. you have freedom of speech, religion and assembly but at home I don't have any of those rights. Young generations here have the opportunity to really do something and they should use that opportunity to take initiative."

— Mahzabe Malik

"Every day I learn new things, not only in my environment, but in myself," Malik said.

"I haven't found difficulty in changing myself and have learned so much in my short time here."

Malik is staying one semester at Wartburg College, serving as a kind of student cultural ambassador to help improve U.S. relations with Pakistan, Helen Leong, Director of International Student Services, said.

Being a student in the IREX exchange program, Malik has several requirements to complete including a presentation on Balochistan. She must experience several things including community service, art and music, holidays, sports, youth concerns and local pride in the Cedar Valley and Waverly area.

To meet her presentation requirement, Malik gave a presentation on her home country March 27 and drew a crowd of 35 people including students, faculty and community members to the Waverly Public Library.

During her presentation, she presented on the geography, history and overall cultural differences and arguments between Balochistan and its neighboring country, Afganistan.

"The purpose of my presentation was to tell people about my home," Malik said.

"Balochistan is neglected and many people have no idea it even exists. My hope is that some people take the needs of my country to heart and want to take action and make a difference."

Balochistan has experienced an ongoing conflict between the governments of Pakistan and Iran over land and is neglected and underdeveloped.

Considered to be the least developed part of Pakistan, Balochistan's resources are taken with nothing in return while the government is slowly killing its own people, Malik said.

"I want people to see my crises that exist at home and for them to understand and have more global awareness on what's going on in the world around them," Malik said.

"I just want to spread the message that we need help."

For Malik and many other international students at Wartburg, the opportunity to represent their home countries and speak of their personal experiences can be a freeing and joyful experience, Leong said.

With the number of international students up to 174 this semester, equaling 10 percent of the student body at Wartburg, Leong said it's important for all Wartburg students to stay open to new experiences and to take advantage of the opportunity to learn from international students.

"Cultural exchange becomes a valuable part of who we are. Learning about someone else gives us the chance to learn about ourselves in a new way and to truly think about the things we do and why we do them," Leong said.

"Cultural exchange is an important part of developing into the people we are ultimately supposed to become."

By the end of her semester here, Malik said the one thing she wishes Wartburg students come to realize are the never-ending opportunities they are provided in the U.S.

She hopes that by informing the student body on crisis situations throughout the world, it will give them the chance to learn about the good and the bad and will hopefully spark a desire for them to make change in the world around them, she said.

"In the U.S. you have freedom of speech, religion and assembly but at home I don't have any of those rights," Malik said.

"Young generations here have the opportunity to really do something and they should use that opportunity to take initiative."

Students honored through art gallery

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Wartburg artists Lauren Matysik and Wanqi Sun had work chosen for display at the ArtHaus Gallery Emerging Artists' Exhibition in Decorah.

The art students submitted pieces of their work before Winter Break. The entries at the show were chosen after a competitive selection process. Each student submitted multiple entries.

"I was excited when I heard that my photograph was selected," Matysik said. "The fact that I'm going to have my work out in public is pretty cool."

Matysik said she does not normally like to have her work out in the open, especially after the vandalism that took place in Luther Hall. However, she said she thinks it is exciting to have her photograph on display outside Wartburg's campus.

Matysik's photograph was part of a series that emphasizes parts of the body people feel insecure about. She said she wanted to show how other people don't usually notice what makes a person self-conscious.

The photo in the ArtHaus exhibit is one Matysik took of the top of her chest and shoulders. She calls it 'Goosebumps.'

"I have naturally goosebumpy skin and it's always been something I've been conscious of. I like to take something that is so big and blatant to you and make people realize how small it is. That's what I'm trying to get across," Matysik said.

Matysik said she was surprised her photograph was chosen, because so many other talented Wartburg students submitted work.

"I was almost rooting for them more than myself because they had such great art," Matysik said.

Matysik also entered other work that was not selected.

Sun's featured entry is an oil painting she made of her friends. She took a photograph of them on top of a skyscraper in Chicago and painted from that image.

Sun said the background of the painting is an overview of Chicago, which made it difficult to capture all the details. However, she did her best because the painting had her best friend in it.

She said she was surprised when she heard the painting was selected for the Emerging Artists' Exhibition, because she thought her painting of her mother that she entered would be chosen.

Sun said the painting of her mother was smaller than the painting of Chicago, so that might be why it was not selected.

Sun said she has always been interested in art and hopes to be involved with art in the future.

Matysik and Sun learned about the art show from their art advisor, Barbara Fedeler. Matysik said Fedeler encouraged multiple Wartburg students to submit work to the show.

Matysik's photograph and Sun's painting are on display in Decorah alongside artwork from other college-aged students. The opening reception for the Emerging Artists' Exhibition was April 4.

What is the ArtHaus Gallery Emerging Artists' Exhibition?

- A juried showcase of artists aged 18-23 within a 150-mile radius of Decorah.
- A panel of art professors, visual artists, and representatives of regional arts organizations review all submissions and between 25-30 artworks are featured in the exhibition.
- A $200 cash prize and the opportunity for a solo exhibition at ArtHaus the following spring will be awarded to the young artist named "Best of Show."
- $100 is awarded to the Runner-Up and two Honorable Mentions are named.

Info found from the ArtHaus website

Lauren Matysik stands next to her photograph titled 'Goosebumps.' The photograph of her own chest and shoulders was selected for display at the ArtHaus Gallery in Decorah.— **Submitted Photo**

Struggling to finish strong

As graduation comes closer seniors may start experiencing 'senioritis'

HANNAH BURLINGAME
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Forty-eight days. Seniors recognize that as the number of days left on the day this article was published until graduation.

As graduation draws closer, some seniors' academic motivation and priorities start to shift, which may lead to "senioritis," Stephanie Newsom, director of counseling services, said.

"I think seniors get senioritis because we are so close to being done and can see the light at the end of the college tunnel," Brittany Barnard said."I also believe that we have a lot of other things on our minds and plates like getting our big boy and girl jobs in the real world next year."

Barnard said she started having senioritis in the second seven weeks of winter semester.

Rob Seubert said it set in for him at the beginning of the semester, but that it has increased since he secured a job for after graduation.

Senioritis may cause some seniors to become more social because they realize they will not be able to see their friends as easily as they do now after graduation, Newsom said.

"When you have friends who aren't seniors, they typically either get sad when you mention it or start telling you to fail so you can stay longer," senior Leah Arthur said.

The onset of senioritis at the beginning of the academic year can be bad timing.

"You have 32 weeks of school ahead of you that you have to get through. You do not want to bomb your entire senior year," Newsom said.

Newsom said senioritis is not just limited to seniors.

Each class has their own version of it.

Other grades' versions can be seen at certain points of the year when academic motivation diminishes.

These include when it becomes close to break and close to the end of the academic year.

Seubert thinks other classes do not have their own version.

"Being a senior just feels much different then any other year, it's scary to think that I will be leaving the place I have called home for the last four years," Seubert said.

It should not be used as an excuse from an obligation though, Newsom said.

Barnard said the downfalls are that she is not able to focus on things like homework as well as she used to.

"I feel that I procrastinate a lot these days and I am always bored. I have a significantly lighter schedule this semester than I have the past three years," Barnard said.

Arthur said it is more difficult to have motivation to do her homework even though she needs to keep her grades up.

Rob Seubert (left) and Brittany Barnard are both feeling the effects of "senioritis." This causes them to want to have more fun and pay less attention to the few weeks of classes they have left. — **Submitted Photos**

It is important to work on time management and make a list of what needs to get done, Newsom said.

Looking at time wasters and eliminating them will also help not only seniors but other students balance their schedules more, she said.

In order to stay productive, Seubert said he finds different places to do his homework.

"I have been going to the library a lot because when I commit to go there I have more purpose for studying," Seubert said."If I try to do homework in my room I usually just end up playing video games or whatever."

Barnard said as stressful as it can be at times she thinks senior year is awesome.

"Sometimes it is scary and exciting at the same time," Barnard said."While I can day dream about the future, it is still important for all us seniors to buckle down and get through our last two weeks of this semester and then it's on to May Term, or should I say "Play Term."

A different kind of night out

Senate hosts formal dance for students

On April 5, Student Senate hosted the first formal dance in recent years.

Taking place at Tendrils Rooftop Garden, on top of the Waverly Health Center, the dance was open to all students and non-Wartburg guests of students.

There was a dessert bar and DJ.

"I was hoping for 100 people and I think there was at least 150 there. I think it was very successful and I hope it continues in the coming years," Lanie Crouse said.

Photos by Jeanne Edson/*TRUMPET*

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Junior college transfers make impact

SETH NUTTING *STAFF WRITER*
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Two years ago, D.J. Utley and Ben Rettenmeier played against each other at the junior college level, Utley with Des Moines Area Community College (DMACC) and Rettenmeier at Kirkwood.

Now the two have joined forces at Wartburg, Rettenmeier as the ace of the pitching staff and Utley as the clean-up-hitting first-baseman or designated hitter.

"We still talk about games we played against each other at junior college," Rettenmeier said.

How the two ended up at Wartburg is a story in itself. Rettenmeier walked on at Kirkwood after receiving little attention as a pitcher in high school.

"I didn't actually think I would be here. Out of high school, I really didn't have a lot of offers to play baseball anywhere," Rettenmeier said. "My brother had played at Kirkwood and they said they'd give me a shot so I walked on at Kirkwood and one thing led to another and here I am today."

Although a starter now, Rettenmeier primarily was a bull-pen guy at Kirkwood.

Utley originally attended Iowa State and didn't even play baseball his first semester of college.

He transferred to DMACC in the spring of 2012 because he missed playing baseball, but had only 31 at-bats over two seasons at DMACC.

Even though the two weren't everyday players, they gained experience and improved their game.

"The junior college component in the state of Iowa is strong, I mean we're talking about winning national championship type programs," head coach Joel Holst said.

"So those kids have typically seen a higher level of baseball and when they come in, they're normally able to dominate to a certain extent in the Iowa Conference."

They learned what it takes to win and have carried their success from the JUCO (junior college) level to Division III.

"Being at DMACC you just get used to winning baseball games and here at Wartburg it's the same way," Utley said. "It's a good team. I just try to make an impact."

Rettenmeier transferred two years ago to Wartburg and also moved from the bull-pen to a full-time starter.

In his first full year with the team, the junior was 9-1 with a 3.25 ERA while leading the team in appearances, innings pitched and strikeouts. He was also named to the D3.baseball.com All-Region team.

"We're not going to recruit a junior college kid that can't play here right away as a junior," Holst said.

"Rettenmeier would be a good example of a kid that came in and made the difference in terms of our pitching staff last year and made it a championship type pitching staff."

This year, Rettenmeier is the Knights No. 1 pitcher and is 3-0 with a 1.32 ERA and 32 strikeouts in 34 innings pitched.

After losing All-Region first baseman Drew Yoder last year, the team had a hole to fill at the position.

So far, Utley has been one of a cast to step in and has lived up to the hype of being one of the best hitters in program history, said Holst. Utley boasts a .351 average, four home runs and leads the team in total bases (36).

"He's a scary guy to face in our lineup," Holst said. "There's just that extra polish and that confidence in his ability that has allowed him to be successful."

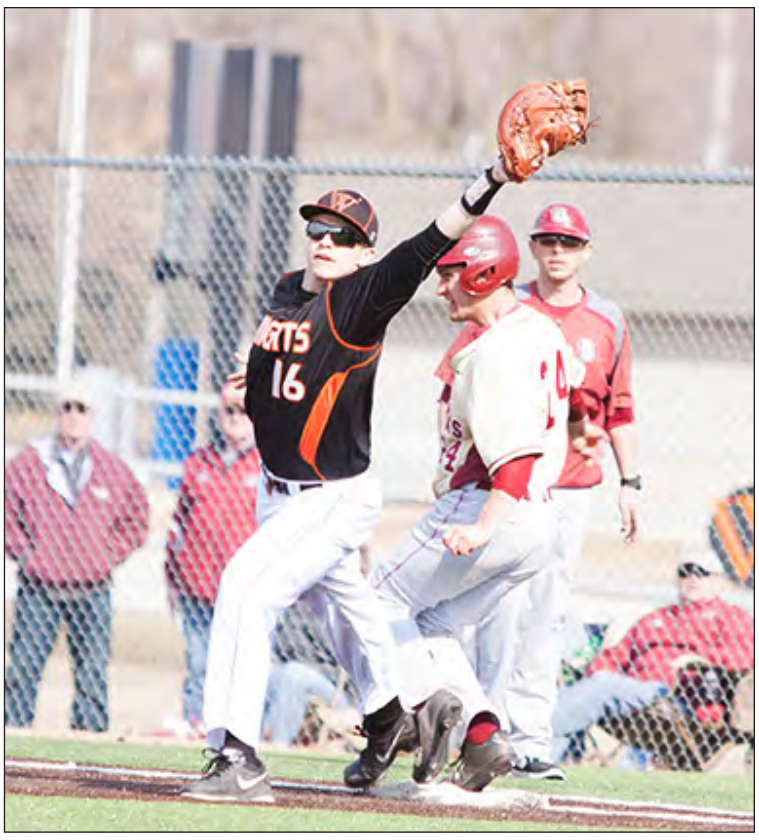
The former rivals are now good teammates and understand how important one another will be to their team's success this year.

"That big pop in the middle of the lineup is definitely something teams are going to be afraid of," Rettenmeier said of Utley.

"He's 3-0 right now, shutting other teams down and that's what we need from our pitchers, someone that can come in and win a ballgame," Utley said. "We don't have any doubt that he's going to put us in a situation to win any ballgame that he pitches in."

Their focus is on their team.

"At Wartburg, every year we definitely expect a conference tournament championship, conference regular season championship and we definitely want to make it back to regionals this year," Rettenmeier said. "I'd love to see a college world series this year for the first time."



D.J. Utley transferred from DMACC and continues to maintain his winning mindset from his days at jr. college on to DIII competition. — **File Photo**

Wartburg splits one-run games

SETH NUTTING *STAFF WRITER*
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Both games came down to one run Saturday at Bob McBride field in Indianola as Wartburg and Simpson's baseball teams split on the first day of action.

In the first game, Ben Rettenmeier pitched nine complete innings with 11 strikeouts, just two short of his career high to earn the win for the Knights.

The game went to extra innings after the seventh, tied 4-4, but the score was broke in the top of the tenth on an infield single by Michael Schinstock, scoring Ryan Kemp from third.

Wartburg strung together five hits as part of a three-run third inning. Joe Grote led the inning off with a drag bunt single. Ty Mougin followed with an RBI double, scoring Grote to take the 1-0 lead.

The next batter, Jackson Litterer, singled through the right side of the infield, scoring Mougin. Litterer later scored from third on an RBI single by Ryan Powers.

Simpson cut the lead to two in the bottom half of the third thanks to an RBI single from Jake Barr, scoring catcher Bud Smith.

Down 4-1 with the bases loaded and two outs, Michael Chia lined a three-run triple over the head of Schinstock in right field, clearing the bases and tying the game for Simpson.

The game remained 4-4 until the tenth, when the Knights plated a run in the top half of the inning.

Gavin Nadermann came in to pitch for Wartburg in the bottom of the tenth, allowing one runner on base before getting Tyler Craig to hit into a game-ending double play for his second save of the season.

In the second game, Ryan Powers went 3-for-4 but was stranded on base all three times as the Knights dropped the second game in a pitcher's duel, 2-1.

Simpson started the scoring in the bottom of the second, once again scoring on a two-out rally. With nobody on, Austin Burlin singled up the middle, advancing to third one batter later off a double by Andrew Anderson to right field.

Burlin scored off Mougin's throwing error to first while attempting to get the final out of the inning.

With the bases loaded in the fifth, Mougin got a run back for the Knights, hitting a sacrifice fly to centerfield and bringing in Wilson to knot the game at one apiece.

The game remained that way until the bottom of the seventh, when the Storm won in walk-off fashion without getting a hit.

In the inning, the Storm reached on a hit by pitch, a walk and then scored the winning run when Taylor Harmon advanced from second to home on two consecutive wild pitches.

Parker Bolt (3-3) picked up the loss for the Knights.

For results of Sunday's doubleheader, log on to wartburgcircuit.org.

Joel Holst talks with his team during their game at Simpson on Saturday. The Knights spilt the games with the Storm. — **Seth Nutting**/*TRUMPET*

Knights win IIAC match

◂continued from p. 8

"In the past it's been one or two guys firing. Today it was all six guys firing."

The Knights are now 4-7 overall and 1-1 in conference play.

"I think we're peaking at the right time. We started off a little bit slow, but we came away with the win against Cornell last week, the 5-4 win," said Strydom. "That was a big win for us, and now our first conference win."

Wartburg has eight more matches until the Iowa Conference tournament, starting with Simpson in Indianola next Saturday.

Strydom has big hopes for his team.

"I'm hoping we can close the season without a loss," said Strydom.

Brandon Hornback gets ready to serve during the Knights' win over BV. — **Nathan Ford**/*TRUMPET*

Wartburg falls at Central

NATHAN FORD *SPORTS EDITOR*
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Eleventh-ranked Central was too much for Wartburg's softball team Saturday, winning both games of the doubleheader before seven innings elapsed.

The Dutch, picked to finish first in the Iowa Conference preseason coaches poll, won 9-1 in six innings in the first game and took the second 8-0 in five innings.

Katie Canney, who transferred from Wartburg after her freshman year, went 2-for-4 at the plate in the opener with four RBI.

Taylor Smola was 2-for-3 for the Knights.

Kaitlyn Matzen led off the bottom of the fifth in game two with a walk-off home run to reach the mercy rule as Central won 8-0.

Trisha Smith only allowed one hit and struck out five in five innings for the win.

Kirby Meyer had the only hit for the Knights, who will look to bounce back Wednesday at Loras (12-12, 0-4), a series that could prove crucial in terms of IIAC tournament qualification.

Rebecca Sieve and Paige Blom took losses in the pitching circle.

Knights win outdoors

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Marcus Newsom carried a huge box of T-shirts down the bleachers at Walston-Hoover Stadium long after the 2014 Wartburg Select had ended Saturday evening.

"We're trying to give away as few of these (to other teams) as possible," Newsom said as he made his way toward his teams gathered at midfield.

Each individual winner and relay winners at the meet get a T-shirt. Wartburg won 18 of 44 events, the most of any of the nine schools competing, including five relays.

The No. 2-ranked women's team won 12 events and took the team title with 294.17 points while the 12th-ranked Wartburg men claimed six individual events and placed first with 188.75 points to open the outdoor track and field season.

"On the women's side, I just think we're trying to see where we're at and what we've got to do ahead of us," Newsom said. "I think we did a good job of that today."

Kayla Hemann continued her dominance in the throwing events from the indoor season, winning both the shot put (45 feet, 8 inches) and discus (144 feet, 1 inch) and taking third in the hammer throw (138 feet, 5 inches).

The Knights featured five individual winners on the track including Libbey Schubert in the 400 meter dash (57.25) and Haddie Vawter in the 800 meter run (2:17.90).

Hurdlers Sarah Boraas and Tashina McAllister took the 100 (14.94) and 400 (1:01.96) meter events, respectively, while Sammi Bruett easily won the 3,000 meter steeplechase in 10:58.06.

"It feels amazing," McAllister said of returning outside, where the sun was shining with 50-plus degree temperatures Saturday. "Obviously with indoor you don't really have to worry about the weather, but as long as you have the right mindset going into the meet it's not really a big deal. We got a beautiful day."

Wartburg swept the relays, placing the top two teams in the 4×100, 4×400 and 4×800 and winning the shuttle hurdle relay as well.

McAllister led off both the winning 4×100 (48.05) and 4×400 (3:57.08) teams and has high hopes for the NCAA championships in late May.

"We can win them all," she said.

Newsom was particularly impressed with Tatiana Silva and the rest of the multiers, who battled a fierce wind and near-freezing temperatures Friday and continued the events bright and early Saturday at 8 a.m.

Silva won the heptathlon with 4,076 points.

"I'm really proud of our multiers because day one was bad," Newsom said. "They did a great job of trying to maintain their focus. (Saturday) it was definitely warmer but still a tough challenge."

Colt Feltes carried the men to the team title as Wartburg edged Augustana by 33 points. Feltes won the shot put (56 feet, 4 inches) and hammer throw (158 feet, 5 inches) and placed second in the discus (146 feet, 9 inches).

His toss in the shot put set a new school record. The first person to congratulate him was former teammate Coltin Hahle, who competed unattached Saturday.

"Last year we got to the point where we were battling back and forth and sometimes we might have not liked each other, but now we have a really good relationship," Feltes said. "He's real supportive of me."

"Colt, wow, what a meet he had today," Newsom said.

Jonas Elusme won the long jump with a final leap of 22 feet, 7 1/4 inches.

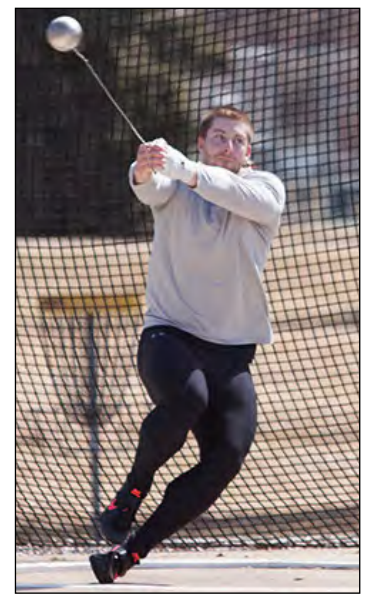
On the track, two Knights won long distance events. Adam Best took the 5,000 meter run title in 15:12.77 while Sam Read won the 3,000 meter steeplechase with a time of 9:43.20.

Wartburg's 4×800 meter relay team kicked off the running events with a first-place finish in 9:16.70.

So busy running the meet and passing out T-shirts, Newsom hadn't had much of an opportunity to look over the results, but he knew exactly what to say to his team after a successful opening meet.

"I think even the returning All-Americans and national qualifiers, every last one of them has an opportunity to get better from today," Newsom said. "That's what it's all about. That's what we strive to do is get better at a high level."

Wartburg's Sarah Boraas crosses the finish line, winning the 100 meter hurdles at Walston-Hoover Stadium. — **Alyssa Noble**/*TRUMPET*



Colt Feltes throws in the Wartburg Select on Saturday. — **Alyssa Noble**/*TRUMPET*

Indoor champs look for more

NATHAN FORD *SPORTS EDITOR*
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The 60 meter hurdles is just too short of an event for Tashina McAllister, who won the NCAA indoor championship in the event last month.

The senior likes more of a challenge, so there's not a better race for her than the 400 meter hurdles, often regarded as the most difficult in track.

"It's weird," McAllister admits. "I didn't try it until my sophomore year and my mom begged me to try them. I finally did and I fell in love with them."

McAllister won the 400 meter hurdles, an event that only takes place outdoors, to open the outdoor season at the Wartburg Select in a time of 1:01.96.

After winning her first national title in March, she's excited about transitioning into her favorite part of the track and field season.

"The way that I think about it is the 60 hurdles are actually my weaker hurdle event," McAllister said. "Coming into practice I just take advantage of it. Just running (the 400 meter hurdles) hard when you get a chance."

The other Wartburg competitor that won an individual national championship indoors this season is Colt Feltes in the shot put.

The three weeks off from competition before the outdoor season didn't have much of an effect on him as he set a school record with a throw of 56 feet, 4 inches Saturday.

"That last school record was really bothering me so I wanted to get it back," said Feltes, who now holds the outdoor records in the shot put, discus and hammer throw and the indoor records in the shot put and weight throw.

Feltes hopes to win another championship outdoors, but isn't worried about losing during the outdoor season. He's more focused on individual goals.

"If you compare yourself to the guys at the top, some day you might be that person at the top, then who do you compare yourself to? So I always kind of just beat on myself and I try to up myself every week," Feltes said.

WEEKLY SCHEDULE

Monday
M Golf at Loras Invite
Tuesday
Baseball at Luther (DH, 1 p.m.)
Wednesday
Softball at Loras (DH, 3 p.m.)
Friday
Baseball at Dubuque (DH, 1 p.m.)
Wartburg M Golf Spring Invite
Saturday
Wartburg M Golf Spring Invite
M Tennis at Simpson, 9 a.m.
W Tennis at Wheaton (Ill.), Noon
Baseball at Dubuque (DH, 1 p.m.)
Softball vs. BV (DH, 2 p.m.)
M Tennis vs. St. Ambrose, 3 p.m.*
**=at Simpson*
Outdoor Track at St. Louis
Outdoor Track at UW-Platteville

IIAC BASEBALL STANDINGS

T1. Loras	7-3
T1. Wartburg	7-3
3. Buena Vista	5-3
4. Simpson	6-6
T5. Coe	4-6
T5. Dubuque	4-6
7. Central	3-5
8. Luther	3-7

IIAC SOFTBALL STANDINGS

1. Coe	4-0
2. Central	2-0
3. Simpson	3-1
T4. Buena Vista	2-2
T4. Dubuque	2-2
6. Luther	1-1
T7. Loras	0-4
T7. Wartburg	0-4

KNIGHTVISION WINS AWARD

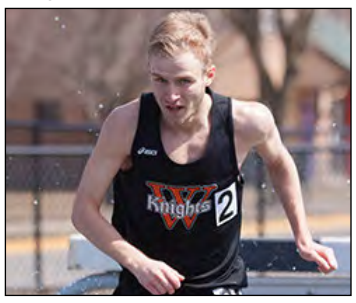
In its inaugural year, Knight Vision, Wartburg's premium live sports and campus events streaming network, won a Sevareid Award for Best Sportscasting from the Northwest Broadcast News Association at the six-state Midwest Journalism Conference last weekend.

"I'm proud of the students and staff here at Wartburg College who dedicated so many long hours to launching the Knight Vision program," said faculty adviser and professor of Communication Arts, Travis Bockenstedt. "It really took an entire team to get this project off the ground."

Knight Vision employs 15 students that manage all aspects of the live broadcasts. They serve as the camera operators, graphic and audio controllers, directors, producers and the on-air talent.

MORE PHOTOS ONLINE

Go to wartburgcircuit.org for more photos from Saturday's Wartburg Select track meet, the tennis team's match against Buena Vista and the Wartburg-Simpson baseball series.



CIRCUIT SPORTS COVERAGE

This week's edition of The Trumpet is the last of the 2013-14 school year, but you can find complete coverage of Wartburg spring sports online at wartburgcircuit.org.

Men's tennis handles BV, 8-1

ALYSSA NOBLE *ASST. SPORTS EDITOR*
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The Wartburg men's tennis team was able to play their first outdoor conference game of the season Saturday in Waverly.

The team used the cooperative weather to dominate Iowa Conference foe Buena Vista (3-11, 2-3), winning 8-1.

"The guys just like being outside," Wartburg head coach Mike Strydom said. "Tennis is an outdoor sport. It's what we're supposed to do. We're much happier out here."

The Knights (4-7, 1-1) began the day with their one and only loss of the day in a doubles match with Wartburg's Eric Hilpert and Koo Miyake falling to BV's Kyle Shade and Chris Habermann, 8-6.

Brandon Hornback and Luke Benna paired up to take down the Beavers' Justin Buzzard and Kyle Weeden, 8-4.

In the last doubles match, Wartburg's Dayton Stevens and Coy Wiegmann beat Drake Swanson and John Bieber, 8-1.

"Guys played really well, they came out strong," Strydom said. "We've had a couple of losing games in the last few weeks so it was important to win this as our first conference match back."

In the singles matches, no Knight lost a set.

Hilpert defeated Habermann 6-4, 6-2. Following suit, Miyake beat Shade 6-1, 6-2.

Stevens, Hornback and Benna all came out with a winning first set of 6-0, then put their opponents away in the second set.

Wiegmann rounded it off for Wartburg with a 6-2, 6-1 victory over Bieber.

"I think we just finally reached our full potential as a team," Strydom said.

▸ **Knights win IIAC match p. 7**